

# **A Book of Remembrance**



**Year 2026**

**Thursday  
Manna  
Texts**

## **Malachi 3:16**

“Then they that feared the LORD spake often one to another: and the LORD hearkened, and heard it, and a book of remembrance was written before him for them that feared the LORD, and that thought upon his name.” (For comments see R1441:2:3-4)

References on Testimony Meetings:

F319-323; R5384; R5122; R4886; QB 471-474

References on reading Matt. 5 and 1 Cor. 13:

R2205 last paragraph; R2234:2:2; R2240:1:2

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## **The Purpose of This Publication**

In the past similar booklets have been published. The purpose has been to assist the brethren in noting their experiences throughout the year along with a Manna text selected for weekly testimony meetings (as suggested by Brother Russell). Those booklets were effective and proved to be a wonderful blessing personally and we desired to continue the blessing.

We thank the Lord for our brethren and their labors of love in the computer reproduction of the Cross and Crown on the cover and the publications of Brother Russell. These resources make it very easy to produce this booklet.

By the Lord's Grace

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## A Vow Unto the Lord

Our Father which art in Heaven, hallowed be Thy name. May Thy rule come into my heart more and more, and Thy will be done in my mortal body. Relying on the assistance of Thy promised grace to help in every time of need, through Jesus Christ our Lord, I register this Vow.

Daily will I remember at the Throne of Heavenly Grace the general interests of the harvest work, and particularly the share which I myself am privileged to enjoy in that work, and the dear co-laborers everywhere.

I vow to still more carefully, if possible, scrutinize my thoughts and words and doings, to the intent that I may be the better enabled to serve Thee, and Thy dear flock.

I vow to Thee that I will be on the alert to resist everything akin to Spiritism and Occultism, and, remembering that there are but the two masters, I shall resist these snares in all reasonable ways as being of the adversary.

I further vow, that with the exceptions below, I will at all times and in all places, conduct myself toward those of the opposite sex in private exactly as I would do with them in public -- in the presence of a congregation of the Lord's people.

And, so far as reasonably possible, I will avoid being in the same room with any of the opposite sex alone, unless the door to the room stand wide open.

Exceptions in the case of Brethren -- wife, children, mother and natural sisters: in the case of Sisters -- husband, children, father and natural brothers.

## Matthew 5:1-16

And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: 2 And he opened his mouth, and taught them, saying, 3 Blessed are the poor in spirit: for theirs is the kingdom of heaven. 4 Blessed are they that mourn: for they shall be comforted. 5 Blessed are the meek: for they shall inherit the earth. 6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled. 7 Blessed are the merciful: for they shall obtain mercy. 8 Blessed are the pure in heart: for they shall see God. 9 Blessed are the peacemakers: for they shall be called the children of God. 10 Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. 11 Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. 12 Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you. 13 Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men. 14 Ye are the light of the world. A city that is set on an hill cannot be hid. 15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. 16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

## 1 Corinthians 13 - Agape Love

Though I speak with the tongues of men and of angels, and have not love, I am become as sounding brass, or a tinkling cymbal. 2 And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not love, I am nothing. 3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not love, it profiteth me nothing. 4 Love suffereth long, and is kind; love envieth not; love vaunteth not itself, is not puffed up, 5 Doth not behave itself unseemly, seeketh not her own, is not provoked, thinketh no evil; 6 Rejoiceth not in iniquity, but rejoiceth in the truth; 7 Beareth all things, believeth all things, hopeth all things, endureth all things. 8 Love never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away. 9 For we know in part, and we prophesy in part. 10 But when that which is perfect is come, then that which is in part shall be done away. 11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things. 12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known. 13 And now abideth faith, hope, love, these three; but the greatest of these is love.

## My Morning Resolve

My Earliest Thought I Desire Shall Be:

"What shall I render unto the Lord for all His benefits toward me? I will take the cup of salvation and call upon the name of the Lord [for grace to help]. I will pay my vows unto the Most High." -- Psalm 116:12-14

Remembering the Divine call, "Gather My saints together unto Me; those who have made a covenant with Me by sacrifice" (Psalm 50:5), I resolve that by the Lord's assisting grace I will today, as a saint of God, fulfil my vows, continuing the work of sacrificing the flesh and its interests, that I may attain to the Heavenly inheritance in joint-heirship with my Redeemer.

I will strive to be simple and sincere toward all.

I will seek not to please and honor self, but the Lord.

I will be careful to honor the Lord with my lips, that my words may be unctuous and blessed to all.

I will seek to be faithful to the Lord, the Truth, the brethren and all with whom I have to do, not only in great matters, but also in the little things of life.

Trusting myself to Divine care and the Providential overruling of all my interests for my highest welfare, I will seek not only to be pure in heart, but to repel all anxiety, all discontent, all discouragement.

I will neither murmur nor repine at what the Lord's providence may permit, because

**"Faith can firmly trust Him,  
Come what may."**

## January 1

*O bless our God, ye people, and make the voice of His praise to be heard: which holdeth our soul in life, and suffereth not our feet to be moved. Psalm 66:8,9*

THANKS be to God that His grace has preserved us, “kept us from falling,” through another year:—that so many of us are still of one heart and of one mind in respect to His Word and its service! When we remember that the Adversary is to be permitted to bring “strong delusions” upon the Lord’s people for the very purpose of sifting out all not truly His (2 Thessalonians 2:10-12), it should surely call forth our thanks to God that the opening of another year finds us still standing fast,—appreciating the Truth, and in full accord with all the divine appointments by which He has kept us from falling. Z.’03-3 R3125

## January 8

*See that none render evil for evil unto any man; but ever follow that which is good, both among yourselves, and to all men.* 1 Thessalonians 5:15

ACCORDING to the Scriptural standard, the elect church of Christ should be the most polished, the most refined, the most polite, the most generous, the most kind of all the people in the world;—and should be all these in the most absolute sense; not in the mere sense of an outward form and appearance of kindness, gentleness, etc., so common in the world; but a gentleness, a kindness, proceeding from the heart, proceeding from an appreciation of the Lord's spirit and the spirit of the Truth, the spirit of love, and the spirit of justice, also. Z.'01-297 [R2879:3](#)

**January 15**

*What doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God? Micah 6:8*

THAT these are very reasonable requirements will be conceded by all. That God could not require less from those whom He is educating for the future judging of the world, is evident: and yet, all three of these qualities specified through the prophet, are comprehended in the one word Love. Love requires that we shall deal justly with our neighbors, with the brethren, with our families, with ourselves; that we shall seek to cultivate our appreciation of the rights of others,—their physical rights, their moral and intellectual rights, their liberties; and that, appreciating these, we shall in no sense of the word seek to abridge or deny them. Z.'02-172 R3020:6

## January 22

*Be of good courage, and He shall strengthen your heart, all ye that hope in the Lord.* Psalm 31:24

IT would seem as though the Adversary at times attempted to discourage us by making us think that the trials and difficulties of the “narrow way” of sacrifice will be unavailing anyhow, and that we might as well give up....And what course should we pursue at such a time? We should follow the example of our Lord, and seek the Father’s face, anxious to know whether or not our interests are all right with Him; anxious for some assurances that while the world may hate us, and say all manner of evil against us falsely, we still have His approval; anxious for some fresh assurance that it will be well with us, that the Lord will grant us a part in the better resurrection to life eternal. Z. ’01-79 R2774:6

## December 31

*What shall I render unto the Lord for all His benefits toward me? I will take the cup of salvation, and call upon the name of the Lord. I will pay my vows unto the Lord, now, in the presence of all His people.* Psalm 116:12-14

THE close of the year is an excellent time for the making of new resolutions for the year to come. Let us, beloved brethren, make plenty of good resolves respecting what we shall be willing to be, to do, to suffer, in fellowship with our Lord; that we may by His grace make of it the best year thus far of our lives—the year of largest hopes, of largest endeavors, and by the Lord’s grace of largest successes in self-sacrifice, in overcoming the world and its spirit, in vanquishing self and the desires of the flesh, in resisting the adversary, and in glorifying our Lord and blessing His people. Z. ’99-286 R2551:5



## **December 24**

*Thou shalt call His name JESUS: for He shall save His people from their sins.* Matthew 1:21

THE noting of those little incidentals by which di-vine providence prepared for our Savior's birth and for the sending forth of the Gospel message, are strengthening to the faith of the Lord's people. Realizing God's care in the past over even the little things, gives a foundation for confidence in His wisdom and provision for the features of His plan which are yet future—the fulfillment of all the exceeding great and precious promises which centered in Him who was born in Bethlehem. And so also a realization of the divine providence in the larger affairs of the divine plan stimulates faith also in the Lord's providences as respects the personal and more private affairs of His people. Z. '00-8 R2556:2

## **January 29**

*The fear [reverence] of the Lord  
is the beginning of wisdom.* Psalm 111:10

THIS is the only proper attitude of the creature toward the Creator, the Author of our being, and the Creator, Preserver and Lord of the whole universe. When He speaks, therefore, our ears should be reverently attentive to His voice, and every power alert to do His bidding. Our safety, our happiness, and that nobility of character which prompts to love and gratitude, and which promptly and wisely heeds instruction and advances in knowledge and wisdom, all depend primarily upon our supreme reverence for the Lord. And therefore the Lord would foster and cultivate in us that becoming, filial reverence that is due to His name. Z.'96-155 R2002:3

## February 5

*This is the will of God [concerning you],  
even your sanctification.* 1 Thessalonians 4:3

COMING to the Scriptures to ascertain *God's will*, we find that the great *work* which God asks of us is not work for others, but work in ourselves, subduing, conquering, ruling self. Everything else, therefore—our service for the household of faith, and our doing good unto all men, by home and foreign missions, etc.—is subservient to this most important work within. For, as the apostle by inspiration declares, though we should preach the gospel eloquently to others, and though we should give all our goods to feed the poor, or become martyrs for a good cause, *without love*, the Spirit of Christ and the Father, developed in us as the ruling principle of life, we would be *nothing*, from the divine standpoint. Z. '99-4 R2412:1

## December 17

*Beloved, work out your own salvation with fear and trembling; for it is God who worketh in you both to will and to do of His good pleasure.* Phi-lippians 2:12, 13

IT was God that provided for us the redemption that is in Christ Jesus, and it is God that has drawn us unto Himself and that has promised us all needed grace to walk in the paths of righteousness; and more, even to follow in the footprints of Jesus in the way of self-sacrifice. While, therefore, with fear and trembling,—with great carefulness—we endeavor to work out our salvation, it is our privilege always to realize the promised grace to help in every time of need, and to be confident that our best efforts toward righteousness are acceptable to God when presented through the merit of the righteousness of Christ, imputed to us by faith. Z. '97-147 R2154:6

## December 10

*Them that honor Me, I will honor.* 1 Sam 2:30

IN whatever department of the Lord's service He is pleased to open the door of opportunity to us, we should enter it promptly and with energy—with zeal for Him and for the cause to which He has called us. This is one condition of our acceptableness to Him. If we are slothful, inattentive to opportunities, un-doubtedly they will be removed from us, and given to others, for the Lord is abundantly able to raise up one or another to serve His cause without interfering with, or overruling our free moral agency. Let us more and more appreciate what a privilege we enjoy in being co-laborers together with God, and especially in connection with this great service which our Lord and Master Jesus is exercising, and to fellowship in which we have been called, as his bride and joint-heir.

Z. '01-318 R2888:6

## February 12

*Let patience have her perfect work, that ye may be perfect and entire, wanting nothing.* James 1:4

NOT a step of progress can be gained without the exercise of this grace of patience; and not one of the graces more beautifully adorns the Christian character, or wins the approval of the world's conscience, or glorifies the God of all grace whose truth inspires it. It is long-suffering meekness earnestly striving to stem the tide of human imperfection and weakness, and endeavoring with painstaking care to regain the divine likeness; it is slow to wrath and plenteous in mercy; it is quick to perceive the paths of truth and righteousness, and prompt to walk in them; it is mindful of its own imperfections and sympathetic with the imperfections and shortcomings of others. Z.'93-295 R3090:2

## February 19

*Unto the pure all things are pure: but unto them that are defiled and unfaithful nothing is pure; but both their mind and conscience are defiled: they profess to have known God, but by their works they renounce Him, being abominable and disobedient, and as to every good work worthless.* Titus 1:15,16 (Diaglott)

WHAT a terrible condition this is, and how careful all the Lord's people should be, not only to have pure hearts, pure minds, but also to keep their consciences very tender, in close accord with the Word of the Lord. This condition can only be maintained by judging ourselves, and that strictly and frequently, by the standard which God has given us, His law of love.

“I want the first approach to feel  
Of pride or fond desire;  
To catch the wandering of my will,  
And quench the kindling fire.”  
Z. '99-214 R2516:6

## December 3

*Because thou hast kept the word of My patience, I also will keep thee from the hour of temptation, which shall come upon all the world, to try them that dwell upon the earth.* Revelation 3: 10

THIS is the special reward of those who are running the race with patient endurance in the present time, in the Laodicean period. While it was not our privilege to escape the hour of temptation, it is our privilege to have a counterbalancing special blessing as a result of living in the time of our Lord's parousia (presence). We may have His fellowship, His instruction, His dispensing of spiritual food which is now “meat in due season,” in a manner and to a degree in which none of the faithful of past periods enjoyed these. But as we might expect, this greatest favor is correspondingly offset by the subtlety and severity of the trials of this hour of temptation coming upon the whole world. If ever patient endurance was necessary it is necessary now. Z. '01-118 R2792:3

## November 26

*And the Lord said unto Moses, What is that in thine hand? Exodus 4:2*

If any man would be more abundantly used of the Lord in His blessed service, let him seek first to be fitted for it more and more. Let him imitate that be-loved and honored servant, Moses, in meekness, humility, energy and untiring zeal and self-sacrificing service of the Lord. But the wise steward will seek always to cultivate along the lines of his natural abilities, and not expect the Lord to work a miracle for his advancement, and so waste valuable time seeking to develop that which he does not by nature possess.

Z. '94-143 R1651:5

Let us each, therefore, seek by humility, by zeal, by love for the Lord and for His cause, by faith in His power, to be in that condition of heart and mind which will make us *ready* to be used, and useful in any department of the divine service to which the Lord may be pleased to call us.

Z. '01-348 R2904:4

## February 26

*Rejoice in the Lord alway: and again I say, Rejoice. Philip-  
pians 4:4*

WE cannot have too many rejoicing Christians, nor can they rejoice too much, if they rejoice *in the Lord*. This rejoicing is not necessarily boisterous, nor of necessity the reverse. It implies serenity, happiness, peace, pleasure of soul, however, and does not mean that noisy demonstration is essential, as some seem mistakenly to think....The only ones who can rejoice *alway* are those who are living very near to the Lord, and who can feel always their oneness with Him, and that His protection and care are over them, and that His promise is sure, that all things shall work together for their highest welfare, as New Creatures. Z.'03-7 R3128:2

### **March 5**

*If there be any virtue, and if there be any praise, think on these things.* Philippians 4:8

THINGS of any virtue or value, things in any degree praiseworthy—the noble words or noble deeds or noble sentiments of anybody—we may safely meditate upon, and as a consequence find ourselves growing toward those ideals upon which our minds, our new natures, thus feed. We will become more and more transformed by the renewing of our minds, and approach nearer and nearer to the glorious likeness of our Lord and Master, being changed from glory to glory, inch by inch, step by step, little by little, during the present life; and our thoughts being in this attitude and our union with the Lord maintained, we shall have part in the First Resurrection, which will perfect us forever in the Lord's image and likeness. Z.'03-9 R3129:3

### **November 19**

*Let us watch and be sober.* I Thess. - 5:6

LET us watch in the sense of taking careful notice of all the directions which the Lord our God has given us, respecting what would be acceptable service to Him. Let us watch ourselves, striving to walk as nearly as possible in the footsteps of the great, High Priest. Let us be sober in the sense that we will not be frivolous; that while happy, joyous in the Lord, free from the anxious cares that are upon many others, through misapprehension of our Father's character and plan, we may, nevertheless, be sober in the sense of earnest appreciation of present opportunities and privileges in connection with the Lord's service;—not thoughtlessly negligent, letting opportunities and privileges slip through our hands to be afterwards regretted. Z. '02-239 R3056:5.

## November 12

*Be not faithless, but believing.* John 20: 27.

IT is impossible for us to come near to the Lord except as we shall exercise faith and trust in Him, in His goodness, in His power, in His wisdom, in His love. Faith is a matter of cultivation, of development. The same apostles who cried out in terror when the storm was upon the Sea of Galilee gradually grew stronger and stronger in faith until, as the records show, they could and did trust the Lord in His absence and where they could not trace Him. Similarly it should be a part of our daily lesson to cultivate trust in the Lord, and to think of the experiences in the past in our lives and all of these lessons in His Word, that thus our faith in Him may become rooted and grounded. Z '04-89. R3337

## March 12

*The end of the commandment is love from a pure heart, and a good conscience, and an undissembled faith.* 1 Timothy 1:5 (Diaglott)

WE are therefore to have clearly before our minds the fact that the *ultimate object* of all the divine dealings for us and with us, and the ultimate significance of all the divine promises made to us, is the development of love, which is Godlikeness, for God is love. And to have this love developed in us, in the sense and to the degree intended by the Lord, it is necessary that it shall come from a *pure* heart, in full accord with the Lord, and His law of love, and wholly antagonistic to the Adversary and his law of selfishness. Z.'00-360 R2735:1

### March 19

*As obedient children, not fashioning yourselves according to the former lusts in your ignorance; but as He which hath called you is holy, so be ye holy in all manner of conversation.* 1 Peter 1:14,15

SOME Christians have the erroneous idea that God does all the fashioning, and that His children are to be merely passive in His hand; but Peter does not so express it. He exhorts us to fashion ourselves according to the divine instructions. There is work to be done in us and about us, and those who are not up and doing, but who passively sit and wait for the Lord to work miracles in their behalf, are greatly deceived and are giving the enemy great advantage over them, which he will certainly use to bind them hand and foot and cast them into outer darkness, unless they bestir themselves to work out their own salvation with fear and trembling. Z.'03-55 R3150:1

### November 5

*Having an High Priest over the house of God, let us draw near with a true heart in full assurance of faith.* Hebrews 10:21,22

LET us remember that He who has begun the good work changes never, and that if our hearts are still in harmony with Him, if our faith is still clear and firm in the great atonement, if our consecration is still full and complete, so that we seek not our own wills but His will to be done in our affairs, then we may indeed have the full assurance of faith, because knowing that God is unchangeable, and knowing that we are still in line with His promises and arrangements, we know that all of His gracious providences are still being exercised on our behalf. This is full assurance of faith—full confidence in the Lord. Z. '00-170 R2643:1



### October 29

*We are troubled on every side, yet not distressed; we are perplexed, but not in despair; persecuted, but not forsaken; cast down, but not destroyed; always bearing about in the body the dying of the Lord Jesus.* 2 Corinthians 4:8-10

THOSE who joyfully endure for the Lord's sake, the Truth's sake, the greatest shame, the greatest ignominy, the greatest trials, the greatest persecutions in this present life, and thus have experiences most like those of the Master and Pattern, we may be sure will in proportion to their faithfulness manifested in such sacrifices, have a future great reward;—as the apostle has declared, “star differeth from star in glory.” Z. '01-55 R2762:4

### March 26

*We are not of the night, nor of darkness. Therefore let us not sleep, as do others.* 1 Thessalonians 5:5,6

THE Christian, as a disciple of the Lord, as a pupil in the school of Christ, is being fitted for a place in the Millennial kingdom—for a share in its glory, honor and immortality....Hence, we see the necessity for the frequent admonitions of the Scriptures, that the Lord's people shall be awake;—not of those who slumber; not of those who are idle; not of those who are overcharged with the cares of this life; but that they be fervent in spirit, serving the Lord. Their service toward the Lord is primarily the bringing of themselves into as close harmony with the Lord's will, and into as close likeness to the divine pattern as possible; and secondly, it is that by precept and example they may help others of the called ones in the same narrow way. Z.'03-70 [R3156:5](#)

**April 2**

*As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.* Galatians 6:10

THE CHRISTIAN is to be ready to do good at the expense of his own time and convenience to all men, but he is to be ready to lay down his life for the brethren—he is to seek opportunities for laying down his life day after day, in the sense of giving his time to the communication of the Truth, or helping the Lord's brethren in any manner, to put on the whole armor of God, and to stand in the evil day. Z.'03-121 R3180:3

**October 22**

*Are ye able to drink of the cup that I shall  
Drink of?* Matthew 20:22

THE courage of our Lord in the narrow way fills us with admiration. What a strong character was His! He had no thought of turning back; He was intent upon accomplishing His Father's will—upon sacrificing Himself in the interest of others. A noble pattern the apostles saw before them—greatness in humility, victory through service.

It is well that we should have clearly before our minds that unless we partake of His cup and are immersed into His death, we can have no share in His Kingdom of glory. Let us then count all things else as loss and dross to obtain this necessary experience. As it comes to us let us not be fearful, nor think strange of the fiery trials that shall try us, as though some strange thing had happened unto us. On the contrary, even hereunto were we called, that we might now suffer with the Lord and by and by be glorified together with Him. Z. '04-138,139 R3362:2,5

**October 15**

*Have faith in God.* Mark 11:22

OUR daily experiences since we became the Lord's followers have been guided and guarded apparently by the power unseen, to the intent that as pupils in the school of Christ, we may all be taught of Him and develop more and more of the graces of the Spirit, and particularly more faith. How important this item of faith is we probably cannot fully appreciate now. It seems to be the one thing that the Lord specially seeks for in those now called to be followers. ...So according to our faith will we be able to rejoice even in tribulation. We cannot enjoy the sufferings; we can enjoy the thought which faith attaches to them, namely, that these are but light afflictions working out for us a far more exceeding and eternal weight of glory. Z. '04-59 R3324:5

**April 9**

*Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain.* 1 Corinthians 9:24

TO gain the victory we must not only put on the armor of God, but we must be heroes in the strife, and wage an *aggressive* warfare upon the lusts of the eye and flesh and pride of life and all the foes of righteousness and purity. *Love*—love for the Lord, for the Truth and for righteousness—must inspire us, or we shall never be victors. Love alone will keep us faithful even unto death, and make us meet for the inheritance of the saints in light. Where fervent love rules the heart it implies that the heart is *fully submitted* to the Lord, and that means that nine-tenths of the battle is already won. But even then, as the apostle says (Jude 21), we must *keep* ourselves in the love of God, in watchfulness and prayer and zeal; and grace will abound where love abounds. Z.'95-93 R1799:4

### **April 16**

*They shall be Mine, saith the Lord of hosts, in that day when I make up My jewels; and I will spare them as a man spareth his own son that serveth him. Malachi 3:17*

HAD the Lord sent us forth to seek His Bride, we might have gathered in some whom He rejects as unworthy—because we are unable to read the heart. This thought should make us very humble, gentle and meek toward all, and very trustful of the Lord, and very much inclined to look for His leading in respect to our labors as His servants, just as Samuel looked to the Lord in connection with the anointing of David. Z.'03-223 R3227:1

### **October 8**

*Be not deceived,...he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. Galatians 6:7,8*

WE sow to the flesh every time we allow the fleshly, selfish, unjust, unrighteous desires of the flesh to have sway in our hearts and lives, and each sowing makes easier the additional sowing and makes more sure the end of that way which is death—Second Death. On the contrary, each sowing to the Spirit, each resistance to the desires of the flesh toward selfishness, etc., and each exercise of the new mind, of the new will, in spiritual directions toward the things that are pure, the things that are noble, the things that are good, the things that are true, is a sowing to the Spirit, which will bring forth additional fruits of the Spirit, graces of the Spirit, and which, if persevered in, will ultimately bring us in accord with the Lord's gracious promises and arrangements—everlasting life and the Kingdom. Z.'04-57 R3323:5

### October 1

*I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle while the wicked is before me. Psalm 39:1*

PROBABLY every person of experience will fully agree with the statement that the tongue is potent in its influence beyond any other member of the body, for either good or evil. Experience teaches also that with the vast majority it is easier to control any other organ than the tongue. So skillful a servant is it that every ambition and passion and inclination of the fallen nature seeks to use it as a servant or channel for evil. It requires, therefore, on the part of the Christian, increased vigilance, wisdom and care so as to govern this member of his body and bring it into subjection to the new mind in Christ, that it shall be, not a hindrance to himself or to others, but, on the contrary, a help in the narrow way. Z.'97-156 [R2156:3](#)

### April 23

*That on the good ground are they, which in an honest and good heart, having heard the Word, keep it, and bring forth fruit with patience. Luke 8:15*

EVERY one who will be a sacrificer must of necessity be meek, humble, teachable, else very shortly he will get out of the way. He must also learn to develop the grace of the Lord along the line of patience, because it certainly requires patience to deny ourselves and to submit at times to injustice where there is no proper means of avoiding it without doing injury to the Lord's cause or to some of His people. It also implies a cultivation of brotherly kindness and, in a word, the development of the whole will of God in our hearts and lives; namely, love, which must be attained in a large and overcoming measure ere we shall have completed our earthly work of sacrificing. Z.'03-408 [R3267:1](#)

### April 30

*Ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of Him who hath called you out of darkness into His marvelous light.* 1 Peter 2:9

THE very object of our being called into this light is that we may let it shine. If we do not let it shine we are unworthy of it, and the treasure will be taken away and we will be left in darkness. If indeed we have received the light and have consecrated ourselves fully to God, let us ask ourselves, What am I doing to show forth the praises of Him who hath called me out of darkness? Am I going forth with these tidings to my neighbors near and far? Can I truly affirm that I am:—

“All for Jesus, all for Jesus—  
All my being’s ransomed powers;  
All my thoughts, and words, and doings,  
All my days and all my hours?”

Z.’03-165 R3199:6

### September 24

*I keep my body under, and bring it unto subjection: lest...I myself should be a castaway.* 1 Corinthians 9:27

THERE is a tendency for the body, the flesh, to arise from its condition of reckoned deadness, hence the new nature needs to be continually on the alert to maintain its ascendancy, to fight the good fight of faith and to gain the prize as an overcomer. These battlings of the new mind against the flesh are a good fight in the sense that they are fightings against sins and weaknesses that belong to the fallen nature. They are a fight of faith in the sense that the entire course of the New Creature is a course of faith, as the apostle says, “We walk by faith and not by sight.”... It is a fight of faith in the sense that no one could keep up this battle against his own flesh and its propensities and desires, except as he can exercise faith in the promises and in the Lord as his helper. Z.’03-425 R3275:3

**September 17**

*Christ in you, the hope of glory.* Colossians 1:27

EVERY true child of God must have a definite individual Christian character which is not dependent for its existence upon the spiritual life of any other Christian. He must from the Word of Truth, proclaimed and exemplified by other Christians, draw those principles of life, etc., which give him an established character, a spiritual individuality of his own. So positive and definite should be the spiritual individuality of every one, that, should even the beloved brother or sister whose spiritual life first nourished ours and brought us forward to completeness of character fall away (which the apostle shows is not impossible—Hebrews 6:4-6; Galatians 1:8), we would still live, being able to appropriate for ourselves the Spirit of Truth. Z.'03-375 R3250:6

**May 7**

*Woe is unto me, if I preach not the gospel.*

1 Corinthians 9:16

WE should be prompt to tell others the best tidings we have; sympathy with the groaning creation in the various trials of life should lead us to point to the Lord's promises respecting the coming Kingdom and the blessings that should then be to all the families of the earth. Whoever does not thus proclaim daily, on every suitable opportunity, gives evidence either of lack of knowledge or of faith in the revelation, or of selfishness, which the Lord cannot approve, and which, if persisted in, will ultimately debar him from a share in the Kingdom. Z.'03-174 R3205:1

**May 14**

*Speaking the truth in love,...grow up into Him in all things, which is the head, even Christ. Ephesians 4:15*

WHAT is it to grow in grace? It is to grow in favor with the Lord through an intimate personal acquaintance and fellowship of spirit with Him...To grow thus in grace and not grow in knowledge is impossible; for the very object of such communion is to build us up in a more perfect knowledge and acquaintance with the Lord—to bring us into closer fellowship with the divine plan, and to give us the privilege of being “workers together with Him” in executing that plan. If, therefore, we love and obey the Lord and desire to grow in His favor, His written Word is our daily meditation and study; and thus we grow in knowledge. Z.’03-200 R3215:3

**September 10**

*Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers. Ephesians 4:29*

THE depraved taste hedges itself behind conscience, and declares that it is always right to speak the truth, and hence God cannot have meant that speaking the truth would be slander; but that in condemning evil speaking and slander, as works of the flesh and the devil, He must have meant the speaking of that which is false, untrue. This is a great mistake: a slander is equally a slander, whether it be true or whether it be false, and is so regarded, not only in the law of God, but also in the laws of civilized men. A slander is anything which is uttered with the intention of injury to another, whether true or false, and the laws of men agree with the law of God, that such injury to another is wrong. Z.’99-70 R2444:3



### September 3

*I desired mercy, and not sacrifice; and the knowledge of God more than burnt offerings.* Hosea 6:6

HE who gives his will, his heart, to the Lord, gives all; he who gives not his will, who comes not in obedience of heart unto the Lord, can offer no sacrifice to the Lord that could be acceptable. “Behold to obey is better than sacrifice,” is a lesson which should be deeply engraved upon the hearts of all the sanctified in Christ Jesus. To have the spirit of obedience is necessary too, and whoever has the spirit of obedience will not only obey the divine will, but will seek to know the divine will more and more that he may obey it. It is of this class that the Scriptures declare, “His word was found and I did eat it;” and again, in the words of our Lord, “I delight to do Thy will, O My God: Thy law is written in My heart.” Z.’03-220 R3225:5

### May 21

*All Scripture, given by inspiration of God, is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be perfect, thoroughly furnished unto all good works.* 2 Timothy 3:16,17

IT will be well for us all to remember that all the graces of the Spirit, all the progress in the knowledge of divine things to which we have already attained, that may have helped us nearer to God and to holiness, have come to us through the Scriptures of the Old Testament and through the words of our Lord and His inspired apostles: nor will it ever be necessary to go to other channels for the true wisdom which would prepare us for the salvation promised. Z.’97-170 R2166:2

**May 28**

*Therefore we are always confident, knowing that, whilst we are at home in the body [so long as we feel entirely contented with present conditions—ourselves and our surroundings], we are absent from the Lord. 2 Corinthians 5:6*

IF we were living near to Him, “walking with God,” we would not feel perfectly satisfied with present attainments, conditions, etc.; but would feel like pilgrims and strangers, seeking a better rest, a better home, “which God hath in reservation for them that love Him.” But this, as the apostle explains (verse 7), is true only of those who walk by faith and not by sight. “But we are confident [full of faith toward God, we rejoice to walk by faith], and are well pleased rather to be from home [homeless, pilgrims and strangers on the earth], and to be at home with the Lord” in the spirit of our fellowship. Z.’97-305 R2231:4

**August 27**

*Henceforth know we no man after the flesh.  
2 Corinthians 5:16*

THE apostle did not mean that we should pay no attention to the shortcomings of the flesh, either in ourselves or in other members of the body. All fleshly weaknesses should be striven against, and they may frequently demand rigorous treatment in the interest of the New Creature; but nevertheless, we are to distinctly differentiate between the New Creature and his weak mortal body, and are to love and sympathize with the brother, while it may be necessary for us, in his interest, and also in the interest of the church, to reprove or rebuke or otherwise correct his wrong course. The apostle’s definition as to how we are to know the two classes apart is that the unregenerate will mind the things of the flesh, while the regenerate will mind the things of the Spirit. Z.’03-170 R3202:3

## August 20

*Whom therefore, ye ignorantly worship, Him declare I unto you. Acts 17:23*

THE apostle's *method* is worthy of imitation. All wise people distrust novelty, and incline to say that whatever is valuable has long been. We, like the apostle, should endeavor to show that the true gospel is not a new theology, but the old theology; not a new gospel, but the old gospel, —the one foretold to Abraham;...the one declared by the Lord Jesus Himself and by all His apostles. In proportion as we would show that errors prevail today, which had their origin in the “dark ages”, we must show that we are not forging a new theory equally erroneous, but that we have discarded the errors of the dark ages, and have gone back to the first principles and precepts and instructions of the gospel, as announced by the Lord and His authorized representatives, the apostles. Z.'03-29 R3139:4

## June 4

*That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honor and glory at the appearing of Jesus Christ. 1 Peter 1:7*

IT is your faith that is on trial now. In the calmer days, when the sun of favor shone brightly upon you, you were quietly laying the foundation of a knowledge of the Truth, and rearing the superstructure of Christian character. Now you are in the furnace to be proved: summon therefore all your courage; fortify your patience; nerve yourself to endurance; hold fast to your hope; call to mind the promises, they are still yours; and “cast not away your confidence, which hath great recompense of reward.” “In quietness and confidence shall be your strength.” “Rest in the Lord, and wait patiently for Him,” and faith has gained her victory. Z.'95-135 R1823:4

**June 11**

*Brethren, I count not myself to have apprehended.*

Phil. 3:13

IF any man consider that he has attained a satisfactory spiritual state, from that moment he may date the beginning of his spiritual decline. No present attainments can be satisfactory to a sincere follower of Christ who studiously endeavors to copy the perfect pattern. It is only when we turn our eyes away from Christ that self-complacency can be exercised; for in full view of the pattern our shortcomings are ever manifest. And if in pride of heart we do lose sight of them ourselves, they only become the more manifest to others. Only in the realization of a continual growth into the likeness of Christ should the Christian find satisfaction. Z.'95-250 R1885:3

**August 13**

*We are ambassadors for Christ. 2 Corinthians 5:20*

IF we as Christians could keep this thought always prominent before our minds what a dignity it would add to our character! what a transforming power it would be! what an assistance to the new nature in its battle with the low and groveling tendencies of the old nature now disowned by us and reckoned dead! "Our citizenship is in heaven," says the apostle....While still living in the world we are not of it, but have transferred our allegiance and citizenship to the heavenly Kingdom....And now, as appointees of our Kingdom, while still living in the world amongst aliens and strangers, we as representatives and ambassadors should feel both the dignity and the honor of the position and the weighty responsibilities, and ever keep in memory the apostle's words, "Whatsoever ye do in word or deed, do all in the name of the Lord Jesus." Z.'04-72 R3330:2

### **August 6**

*Resist the devil, and he will flee from you.*

James 4:7

IF we are positive in our rejection of temptation it increases our strength of character, not only for that time, but also for subsequent temptations; and it disconcerts to some extent our adversary, who, noting our positiveness, knows well that it is useless to discuss the matter with persons of strong convictions and positive characters; whereas if the question were parleyed over, the result would surely be an advancing of further reasons and arguments on the adversary's part, and a danger on our part that we would be over-matched in argument, for, as the apostle declares, the Devil is a wily adversary, and "we are not ignorant of his devices." Prompt and positive obedience to the Word and Spirit of the Lord is the only safe course for any of the "brethren".  
Z.'00-30 R2567:3

### **June 18**

*In Thy presence is fullness of joy; at Thy right hand there are pleasures for evermore.* Psalm 16:11

IN the Lord's presence, no matter where we are, is fullness of joy. Let us cultivate the Lord's acquaintance more, drawing near to Him in prayer, in the study of His precious Word, in meditation upon all His goodness, His providential care, the marked manifestations of His grace in our own individual experiences, and His precious promises which are all yea and amen in Christ Jesus. Thus "draw nigh to God, and He will draw nigh to you" (James 4:8); He will manifest Himself to you and take up His abode with you.

It is indeed the will of God that all His children should be happy in Him, that they should be always rejoicing; and if any one lack this blessing, he is living below his privileges. Z.'96-54 R1949:5

## June 25

*Continue in prayer, and watch in the same with thanksgiving. Colossians 4:2*

EVERY trial of faith and patience is an occasion for prayer for the promised succor. Every failure to gain victory is an occasion for a prayer for forgiveness, and as well for divine blessing, that the lesson of our own weakness may be deeply impressed, so that in the next similar trial we may promptly apply for and lay hold upon the “grace to help” promised. Every victory over self is an occasion for prayer that we be not high minded and puffed up, but kept humble and watchful for the next attack from the great adversary. Every service for the Truth becomes an occasion for a prayer of thanks for the privilege of serving the Great King, and mayhap to have suffered something for His cause; and a reason for supplication for further opportunities for service and grace to use them wisely. Z.’96-163 R2006:1

## July 30

*Take us the foxes, the little foxes, that spoil the vines. Canticles 2:15*

MANY deal slackly with themselves in respect to little violations of their consecration vow, saying,—“What’s the use of such carefulness and so different a life from that of the world in general?” Ah! there is great use in it, for victories in little things prepare for greater things and make them possible: and on the contrary, surrender to the will of the flesh in the little things means sure defeat in the warfare as a whole.

We who have become “New Creatures,” reckonedly, in Christ, know that we are to be tested (if our testings have not already commenced), and should realize that only as we practice self-denials in the little things of life, and mortify (deaden) the natural cravings of our flesh in respect to food, clothing, conduct, etc., will we become strong spiritually and be able to “overcome.” Z.’99-172 [R2496](#):6

### July 23

*If any provide not for his own,...he hath denied the faith, and is worse than an unbeliever.* 1 Timothy 5:8

THE *faith*” includes thoughts of love, sympathy, interest and care for others, especially for them of the household of faith....How it gives us an insight into our Lord’s sympathetic nature, to find Him thinking in the interest of others at the very time when He Himself was overwhelmed in trouble! His own agony did not hinder Him from thinking of His mother, and making provision for her comfort....We note the choice of John: it was doubtless because, first of all, of his loving, tender disposition; secondly, his zeal for the Lord and the Truth; and thirdly, his courage in pressing near to be with his dying Master in His closing hours, at the risk of his own life. Let us note these characteristics, as being those which the Lord approves, that noting them we may cultivate them in ourselves, and thus be granted special opportunities for service by this same Master. Z.’99-127 R2474:6

### July 2

*Being reviled, we bless; being persecuted, we suffer it.* 1 Corinthians 4:12

IF you are a faithful pupil it will not be long until you see that the perfect law of liberty, the law of Christ, is a discernor of the very thoughts and intents of the heart, and that while you must hate all sin, you cannot hate any sinner and yet have the love of God perfected in your heart....If even so much as a bitter feeling against our traducers and maligners arise, it is to be fought, and so complete a victory gained over it that every fiber of our beings will be in sweet accord with our Great Teacher's instructions, “Love your enemies. Pray for them which despitefully use you and persecute you. Bless and injure not.” Z.’99-5 R2412:5

### July 9

When He putteth forth His own sheep, He goeth before them, and the sheep follow Him: for they know His voice. John 10:4

THE voice of the Good Shepherd is a blending of various sounds in a manner in which they are blended by no other voice. His voice sounds forth the chord of justice commingled with the chord of love, and the whole intoned with wisdom and with power. Other theories, plans and schemes of men and devils have no such harmony of sound as has the message which the Great Shepherd has sent us through His Son. Moreover when the true sheep hear the voice of the Good Shepherd, it satisfies their longings as nothing else could do. They will no longer be in danger of being attracted by other sounds, or voices, theories or schemes, but will reply to all, "Jesus has satisfied; Jesus is mine." Z.'00-230 R2672:5

### July 16

*Be ye filled with the Spirit.* Ephesians 5:18

THE measure of our filling will correspond with the measure of our emptying of the spirit of self-will, and filling with the spirit of faith and obedience. And although the obedience cannot do otherwise than manifest itself in the daily life, nevertheless it is the obedience of the *intention*, of the *will*, of the *heart*, that the Lord regards in His consecrated people. Hence some whose hearts are thoroughly loyal to the Lord may be pleasing to Him, while not the most pleasing to some of those with whom they come in contact; while others, "highly esteemed among men" because of outward moralities, may be an "abomination" in the sight of God, because of coldness or dishonesty of heart. Nevertheless, he that hath the new hope in him, and the new spirit, will seek to purify himself, not only in his thoughts, but also in his words and deeds and all his affairs, inward and outward. Z.'99-92 R2456:2